function iFrameHeight() { var h = 0; if (!document.all) { h = document.getElementById('blockrandom').contentDocument.height; document.getElementById('blockrandom').style.height = h + 60 + 'px'; } else if(document.all) { h = document.frames('blockrandom').document.body.scrollHeight; document.all.blockrandom.style.height = h + 20 + 'px'; } } No Iframes